

# Restraint and Positive Behaviour Support Plans – A Family Carer Perspective

Linda Hutchings

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## Early years



- School
- Relationships
- Autism
- Self harm



## Hospital admission



- Emotional cost
- Bullying
- Noise
- Chaos
- Copying behaviour
- Untrained staff
- No Positive Behaviour Support plan

# Hospital



- The lost years
- Hospital P eating disorder
- Hospital B EST
- Hospital C Foot
- Final hospital
- **CHANGE!**



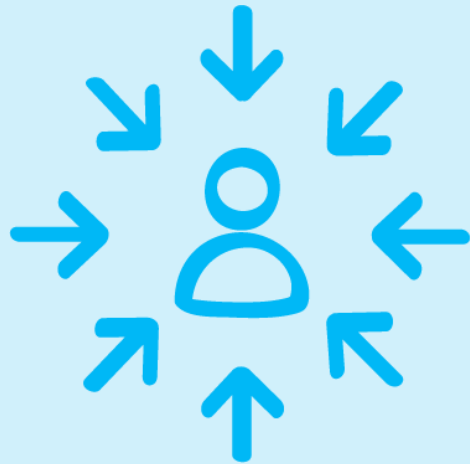
## Restraint



- Impact on my daughter
- Impact on whole family
- Short and long term impact

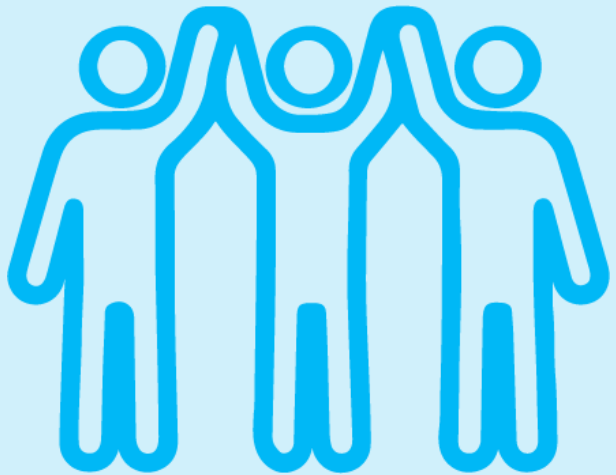


## Positive Behaviour Support Plan



- What is it?
- Person centred
- Collaborative
- Proactive
- Preventative

## Life in the community



- PROPER FUNDING
- HOME
- TRAINING
- LOVED ONES
- HEALTH





## What has changed?



- My daughter and her needs haven't changed
- BUT her support has changed
  - Location
  - Who is providing the support
  - How she is being supported





Thank you!

# Challenging Behaviour Foundation resources



- <https://www.challengingbehaviour.org.uk/>
- For information resources on Positive Behaviour Support: <https://www.challengingbehaviour.org.uk/information-and-guidance/positive-behaviour-support/>
- If you are worried that someone you know is not being cared for properly: <https://www.challengingbehaviour.org.uk/information-and-guidance/when-things-go-wrong/>
- CBF Family Support Service: You can email us at [support@theCBF.org.uk](mailto:support@theCBF.org.uk) or call us on **0300 666 0126**